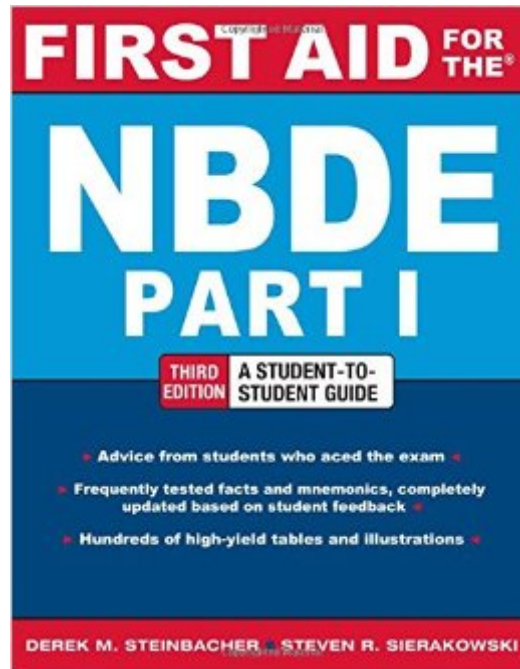


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# First Aid For The NBDE Part 1, Third Edition (First Aid Series)



## Synopsis

One-stop NBDE preparation -- written by students who aced the exam First Aid for the NBDE Part 1, 3e is a concise review for the exam, containing hundreds of high-yield facts and mnemonics, and more than 200 photos and illustrations. The book offers what-to-study guidance for the most frequently tested topics in anatomic sciences, biochemistry and physiology, microbiology and pathology, and dental anatomy and occlusion. Readers will also find confidence-building, performance-enhancing test-taking strategies. Features Written by students who have personally experienced the exam, and reviewed by top dental school faculty and practitioners Full-color insert of essential images Completely revised based on the most recent version of the exam

## Book Information

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (50 customer reviews)

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## Customer Reviews

The facts are good, but I just don't like how it's formatted. Maybe it's just me, but it's more geared towards memorization of material. If you don't mind the way it's written, then use this. Decks are a little better in explaining things. What I used the most was [dentEssentials: High-Yield NBDE Part I Review](#) (Kaplan Dentessentials), [Dental Decks Part 1 2009-2010](#) (National Boards Dental Exam), and [Biochem for the Boards](#). I would def recommend decks, biochem for the boards, and either dentessentials or first aid (depending on what format of writing you like). I did well (took it before P/F and got 91) so feel free to ask me any questions!

it's cheaper than most other options it's better organized than decks or busters it has better pictures and diagrams for study RIGHT there where you need it reduces time wikipedia/internet searching for help also has helpful tips in the margins I tried board busters for 1 day and it was so disorganized and irregularly bolded up I felt like I was reading but not understanding, the decks don't seem to go in a building upon knowledge flow. When I want to learn neuro that's it don't mix other stuff in between, that's hard enough as it is. Anyway basically I read through this once and with a highlighter and along with the knowledge from course work from our great professors at LSU Dental School passed on my first try.

Hello everyone. I would like to write my own review on this book, since recently I have passed my exam. This book was my major source during the studying process, and I found it very helpful. I think it has all that you need to pass that exam successfully: all topics that you need to know are covered very well in a very compact way, it has many pictures, charts, funny and easy to remember mnemonics, facts. Also I liked that it has a lot of free space, so you can write down your own notes and the paper of this book is marker resistant, even to strongest markers. While reading it I have found few mistakes, but I still think that the book is great. If you don't understand something, or it looks like you want to know more so that to understand some material better - you can refer to the topics in the subject-based textbooks or internet. Alongside with First Aid, I was also using Dental Decks, Dental Boards Mastery App on iPhone, Released ASDA Exams, Netters Atlas, and also I had separate subject books for each of the sections of the exam. I was referring to these textbooks whenever I felt that I wanted to know more details or to get better understanding :) I would definitely recommend this book as a benchmark in your NBDE preparation. Best of luck to everyone!

This book has multiple errors and doesn't need to be as expensive as it is when there is so little attention to detail. Whenever I am studying from this book, I have to keep google open to search up the information. Very unreliable.

I bought this book as a reference/adjunct to my set of Dental Decks to study for the NBDE Part 1 thinking it would be useful for quickly reviewing topics I was weaker in or needed a refresher on. Boy, was I disappointed. Nearly every time I would go to find something I needed clarification on in the Index at the back of the book, there was nothing. I checked other names for things, tangentially-related topics, etc., but for the most part, this book was useless to me. When I did

manage to find something in the Index, what I got was a bullet point or two that didn't really give me the information I was seeking anyway. If you are a person that did not memorize things when they learned them, this book is probably not for you. I found reviewing old Exams to be much more helpful, using my old notes & class reviews for reference rather than this book. Perhaps I missed something, but I was utterly unimpressed.

I spent maybe a week studying for boards, and I passed it with just dental decks. First Aid was too much of a drag to read, so I ended up using it only for the dental anatomy section. Just study the decks, and you will be fine!

Has a lot of information and a lot of good facts, but everything is presented in note form without much text to connect things. May work for some, but I found the dental decks and mastery app much more helpful. Information was good though and pictures were helpful.

Read the entire book and went through the dental decks. Passed. The micro and tooth morph sections are very well done. Albeit this book lacks flow, it has everything you need to know. The "notes" on the sides of the pages were honestly the most useful thing about this book. Will be buying part II.

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